# Physical Education

Pupils should have a change of clothing for participating in PE. This should consist of:

- Plain black T-shirt
- Black shorts
- •Training shoes that have built in support (not fashion shoes)
- •No football or designer tops, shorts or tracksuit trousers
- •Jewellery should not be worn in Physical Education





### Where can I get my uniform?

Most items of clothing that constitute Eastbank uniform can be purchased at very reasonable prices from supermarkets and high street retailers. Ties and PE kit are usually available from our school office, while these, as well as blazers, can be obtained from Trutex/BE Embroidery in the city centre.

### Unacceptable clothing

The following items of clothing are not part of the Eastbank uniform and young people should not wear them to school. The images to the right are to give examples of unacceptable items, and neither these, nor the list below, is exhaustive. Items which should not be worn to school include:

- Any clothing not in school colours detailed above
- Jumpers with name of manufacturer displayed prominently
- Jumpers displaying large logos
- Non-school Hooded tops
- Jeans, especially ripped jeans
- Leggings
- Leather/leather effect waistcoats
- Tracksuit trousers or tops.
- Joggers

These are fashion items that are not appropriate for school or work and are usually considerably more expensive than the standard uniform.



**Contact us:** Eastbank Academy, 26 Academy Street Glasgow G32 9AA

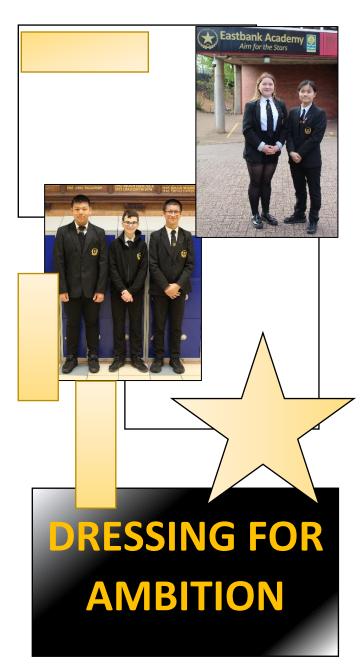
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## **EASTBANK ACADEMY**



**OUR** School, **OUR** Work, **OUR** Future



# Dressing for Ambition at Eastbank Academy

This leaflet is designed to give pupils, parents and carers clear advice and guidance of the school uniform requirements at Eastbank Academy. Wearing school uniform is invaluable in fostering a sense of pride in the school. It conveys a sense of community, wellbeing and purpose, and helps establish respect amongst all members of the school community. By wearing proper uniform, young people convey that they subscribe to the school values, are here to learn, and are developing some of the attributes required in the workplace. Other advantages of wearing our school uniform include: • Protects children from the harmful effects of social distinction and competitive dressing • Promotes the school's identity in their community, with our immediate neighbours, local business and industry • Assists staff in the task of supervising pupils and keeping unwelcome visitors from the building. We thank you for your continued support in ensuring your child dresses appropriately for school.



### Our uniform

At Eastbank Academy we pride ourselves on promoting equality through our school uniform. We have a simple set of expectations for our uniform which consists of:

- Black blazer
- School tie
- White shirt
- Black skirt/trousers
- Black hoodie with school emblem
- Plain black jumper or cardigan
- School hoodie/zipper (with Badge)
- Black shoes

Outdoor coats or jackets should also be black.



#### Blazers

Although wearing a school blazer is optional, they are strongly encouraged, and are necessary when young people represent the school. The blazer is plain black with the school badge on the breast pocket. Sixth year pupils are entitled to wear a blazer with a gold braid to signify their status as senior students.



### School Tie

The school tie is a crucial part of the school uniform. Ties are important and, contrary to the assertions of some, they definitely count. At Eastbank our young people have chosen to wear different ties according to their stage at school. Ties for each stage are shown in the adjacent graphic.

- S1-S3: plain black tie with school badge
- S4&S5: black tie with gold stripes and school badge
- S6: gold tie with black stripes and school badge

